

ABSTRACT OF THE DISCLOSURE

A compression apparatus including an expandable body configured for disposal about a foot. A strap extends from the body. The strap is configured for disposal about the foot adjacent an ankle. The strap has a first layer configured to engage an outer surface of the foot adjacent the ankle, a second layer and a third cushion layer disposed therebetween. The body may include a metatarsal portion. The first layer and the second layer may be configured to provide a barrier to the third cushion layer. The first layer may be configured to prevent engagement of the third cushion layer with the outer surface of the foot.

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